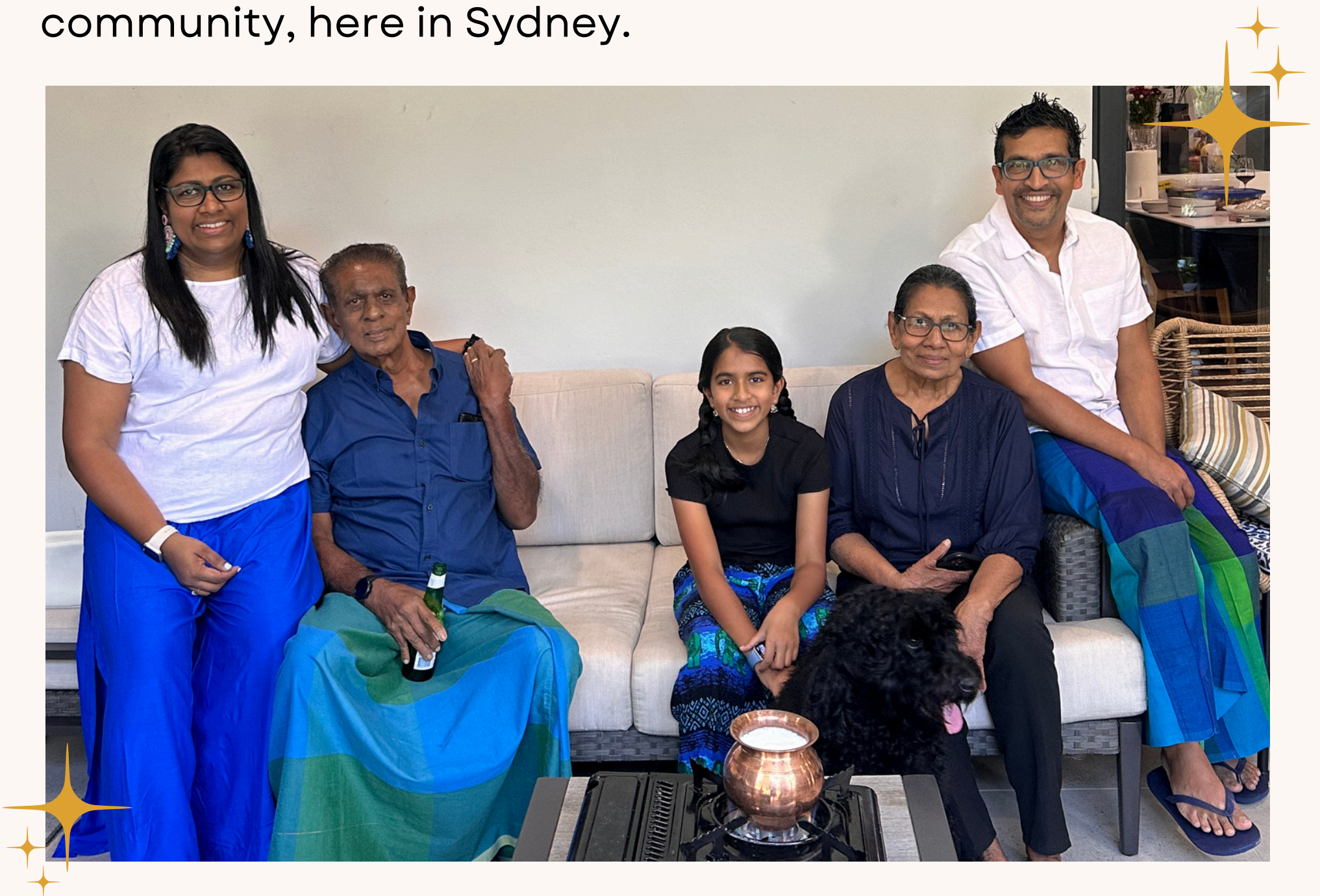




Happy Sinhalese & Tamil New Year!

Jayani here! Last weekend, we celebrated Sinhalese and Tamil New Year with our friends & family. It was such a fun and festive time, greeting the new year with our community, here in Sydney.



We lit oil lamps to symbolize prosperity, played fun games, and feasted on delicious traditional Sri Lankan food and sweets. We boiled milk and watched it overflow in a pot, symbolizing abundance.

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I am so proud to share these important traditions with my kids, so they can feel connected to their heritage and keep these traditions alive, well in to the future.

It really ties into my mission with Gedera & Co. : creating a vibrant hub for Sri Lankan food, storytelling, and community.

There is more wholesome storytelling about New Years on our blog, At The Gedera Table. Do you have any family holiday traditions that are close to your heart? Reply to this email and tell us about it!

[READ BLOG POST](#)



Weekday Meal Prep

Just Got Easier ✨



Lentil Curry

Warming & Reliable

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Sri Lankan Chicken Curry

Zesty & Hearty

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